

5. Medications (list names of medications or types of medications which you are currently taking)

6. Medical History: (circle appropriate responses)

| | | |
|--|------------------------------|----------------------------|
| Heart attack/coronary artery disease/heart surgery | Asthma | Osteoporosis |
| Hypertension | Emphysema | Abnormal Bleeding/Clotting |
| High Cholesterol | Pneumonia | Diabetes |
| Vascular/Circulation Problems | Kidney Failure/Insufficiency | Thyroid Disease |
| Blood clots | Bladder Problems | Cancer |
| GI/Peptic Ulcer Disease | Sleep Apnea | Bone Infection |
| GERD | Stroke/TIA | HIV/AIDS |
| Gastritis | Epilepsy | Gout |
| Hepatitis | Recent Weight Loss | |

7. Surgical History (list major operations along with the date the procedure was done)

| | | |
|---|-----|----|
| Have you ever had a blood transfusion? | Yes | No |
| Have you ever used recreational intravenous drug? | Yes | No |
| Do you have tattoos? | Yes | No |

8. Social History: Marital Status: Married Window(er) Single Divorced

Tobacco Use: Yes No How much do you smoke? _____ For how many years? _____

Do you drink alcohol beverages? Yes No Type and number per week: _____

9. Family History (list illnesses that run or occur in your family, example: diabetes heart disease, hypertension, stroke, cancer, bleeding disorders, arthritis, tuberculosis, blood clots)

10. Review of Systems: Are you presently having problems with any of the systems listed below

General: weight loss, fatigue, weakness, fever, chills, night sweats
Skin: rashes, sores, lumps, tattoos
Head: trauma, headache, nausea, vomiting, visual changes
Eyes: glasses, contact lenses, blurriness, double vision
Mouth, Throat, Neck: bleeding gums, sore throat
Cardiac: hypertension, murmurs, chest pain, palpitations, difficult or labored breathing, heart condition
Respiratory: shortness of breath, wheezing, cough, spitting blood, pneumonia, asthma, bronchitis, emphysema, tuberculosis
GI: bleeding, pancreatitis, hemorrhoids, black tarry stool, GI bleeding, vomiting of blood, abdominal pain, jaundice, hepatitis
Urinary: frequency, painful or difficult urination, blood in urine, incontinence, stones, infection
Vascular: leg swelling (fluid) claudication, varicose veins, blood clots
Musculoskeletal: joint stiffness, joint swelling, gout
Neurologic: numbness, tingling, tremors, weakness, paralysis, seizures, stroke
Hematologic: anemia, easy bruising/bleeding, transfusions
Endocrine: thyroid problems, diabetes
Psychiatric: anxiety, depression, memory loss

11. Osteoporosis Questionnaire:

| | | |
|---|-----|----|
| Are you a woman over the age of 45 and have gone through menopause, or had a hysterectomy? | Yes | No |
| Are you a woman over the age of 45 or a man over the age of 65 or on thyroid, cortisone, or asthma medications? | Yes | No |
| Have you broken a bone after the age of 40? | Yes | No |
| Do you smoke at this time or have you ever been a moderate to heavy smoker in the past? | Yes | No |
| Do you drink more than two alcoholic drinks a day on average? | Yes | No |
| Have you lost an inch of height? | Yes | No |
| Did/Do your parent(s) or sibling(s) have Osteoporosis or have had a broken/fractured bone? | Yes | No |

If you answered yes to two or more of these items, please discuss the possibility of osteoporosis screening with your doctor.